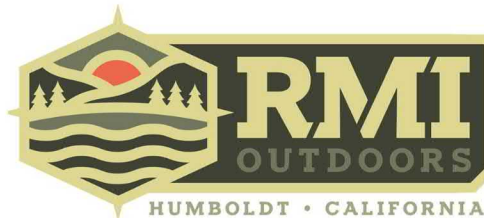


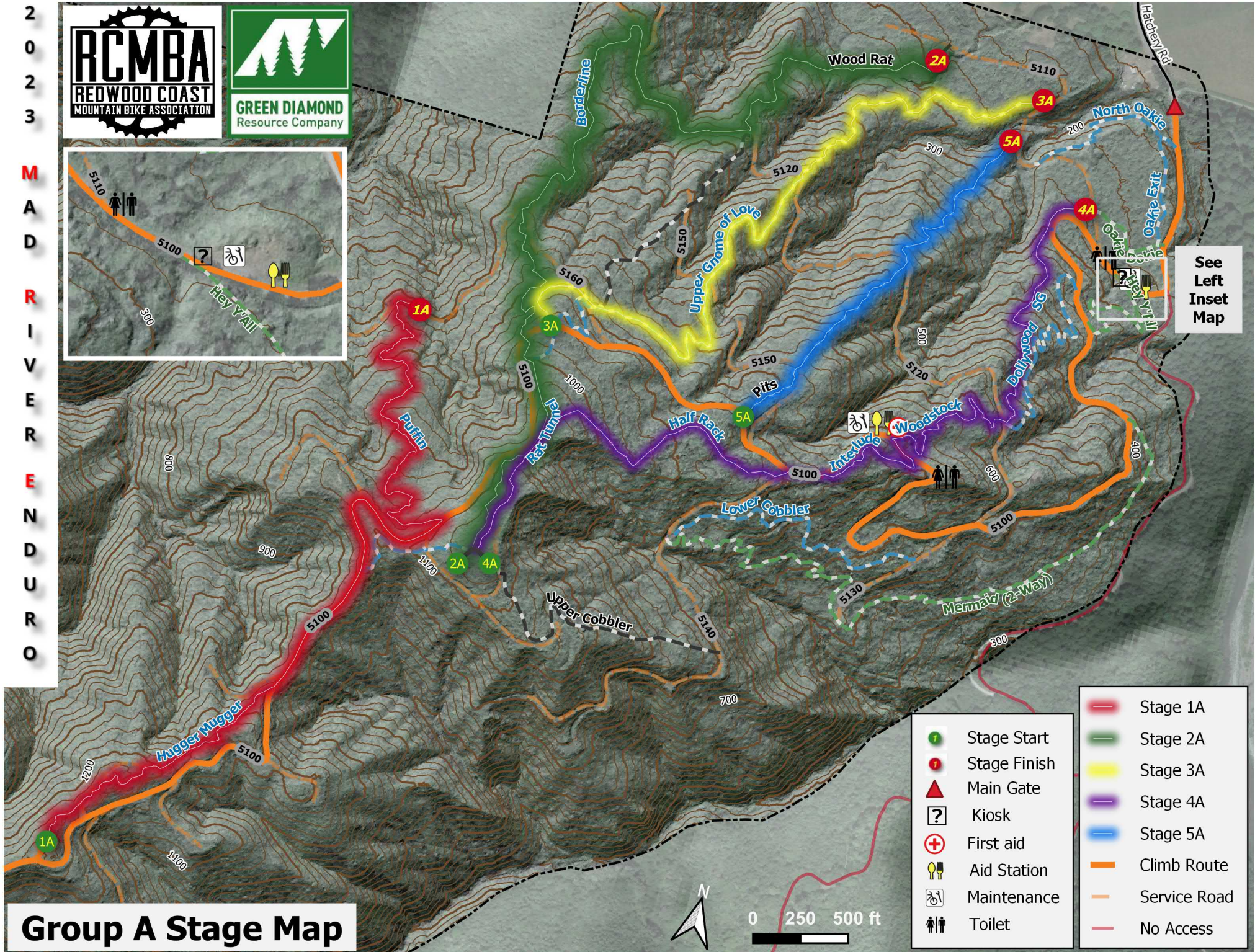
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GROUP A RACE PACKAGE





See Left Inset Map

Group A Stage Map

	Stage Start		Stage 1A
	Stage Finish		Stage 2A
	Main Gate		Stage 3A
	Kiosk		Stage 4A
	First aid		Stage 5A
	Aid Station		Climb Route
	Maintenance		Service Road
	Toilet		No Access

0 250 500 ft



Group A

Stage 1A: Hugger Mugger to Road 5100, climb to top of Puffin. Finish at bottom of Puffin.

Stage 2A: The *rake and race* stage! Start on the brand new *rake and race* section of Rat Tunnel and connect to the established Rat Tunnel to the *rake and race* section of Borderline across the 5100. At the bottom of the new section, cross the 5160 and then down the established Borderline. From Borderline, follow the 5120 to Wood Rat. Finish line at bottom of Wood Rat.

NOTE: 1) All "*rake and race*" sections of trail are **closed until practice day, September 8th**. Please do not ride them until then. You may walk them. 2) Group B will finish their Stage 2B at the bottom of Borderline and during the race, some timing equipment may be set up there. Learn where your finish is to avoid race day confusion.

Stage 3A: This stage will mostly be on Gnome of Love but will start on Wood Rat and use the old connection to route racers to Gnome. Finish at the bottom of Lower Gnome of Love.

NOTE: Group B will finish their Stage 3B at the bottom of Upper Gnome of Love (just above the 5120) and during the race, some timing equipment may be set up there. Learn where your finish is to avoid race day confusion.

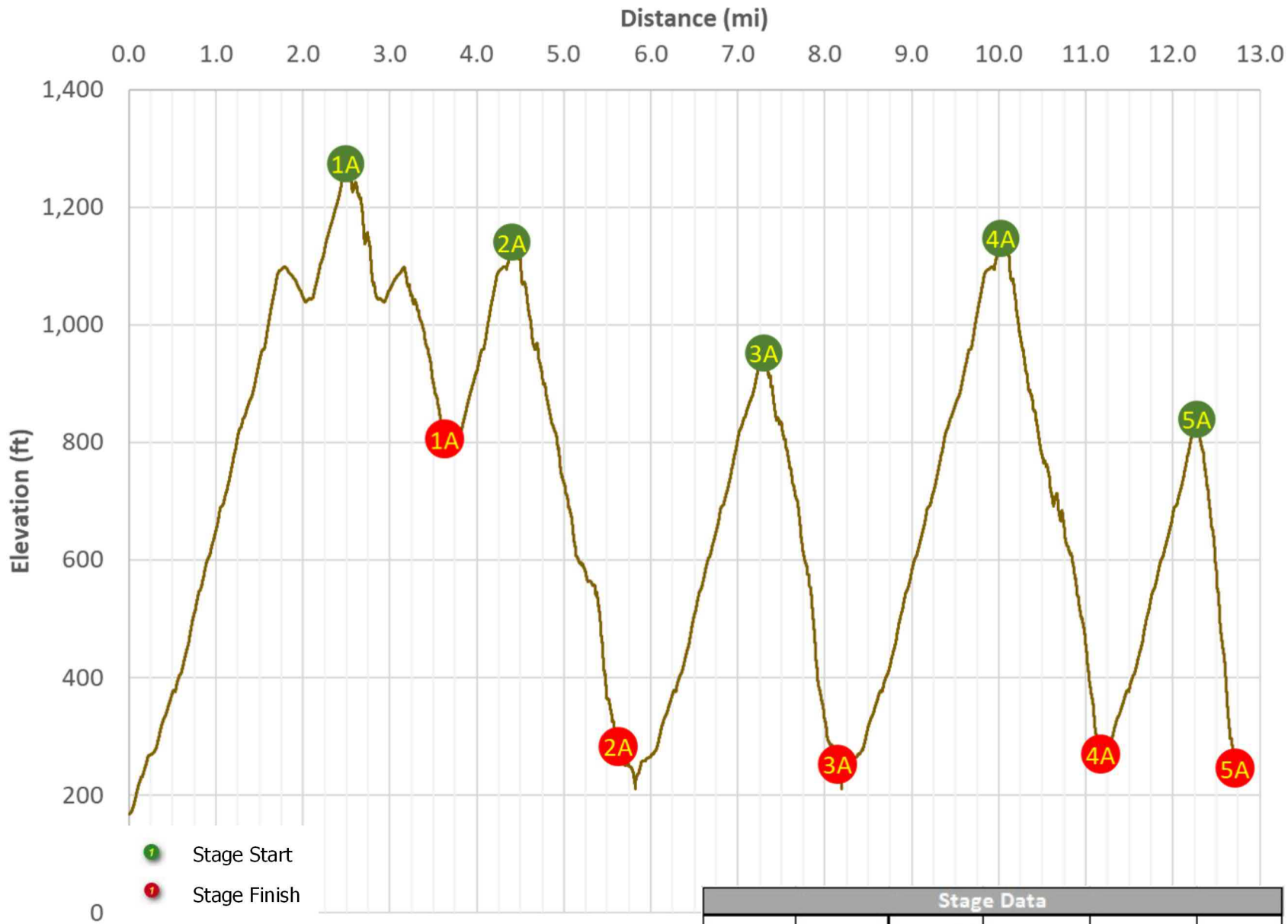
Stage 4A: Racers descend Half Rack, Interlude, Woodstock, and SG to finish on Oakie Dokie. The same Half Rack jump line bypass used in the 2022 MRE will be used this year.

NOTE: Group B will finish their Stage 4 at the bottom of Interlude and during the race, some equipment may be set up there. Learn where your finish is to avoid race day confusion.

Stage 5A: Pits top to bottom

Then head to the Awards Party at Perigot park!

Race packets with all the information, including vicinity maps, are coming soon.



- Stage Start
- Stage Finish

Stage Data					
Stage	Climb to Start (ft)	Stage Dist. (mi)	Stage Gain (ft)	Stage Decent (ft)	Avg. Slope
1A	1,110	1.1	55	470	7.8%
2A	330	1.2	10	860	13.3%
3A	670	0.8	0	700	15.6%
4A	890	1.2	15	880	14.4%
5A	570	0.4	0	590	25.4%
Total	3,570	4.8	80	3,500	NA

Group A Profile



Race Weekend Schedule

Friday

- 10:00 Campground opens
- 12:00 – 7:00 Racer Packet Pickup
- 1:00 – 6:00 Practice shuttles running. Park on Taylor Way and ride to Trail Kiosk for shuttle.

Saturday

- 7:00 – 8:30 Racer packet pickup
- 8:30 – 3:30 RACE! See race packets for meeting/stage schedule
- 1:30 Lunch trucks open at Perigot Park
- ~4:30 Podiums
- ~6:00 Raffle
- 9:00 Post Race Party ends
- 9:00 - ??? Stage 6 @ Logger Bar and Campground

Sunday

- 12:00 Campground checkout

See race webpage for location links

Group A Stage Start Times

	Meeting	Stage 1A	Stage 2A	Stage 3A	Stage 4A	Stage 5A
Transfer Time (h:m)	NA	1:00	0:30	1:00	1:00	1:00
eMTB	8:30	9:30	10:05	11:10	12:15	13:20
Pro Male	8:30	9:42	10:17	11:22	12:27	13:32
Pro Female	8:30	10:03	10:38	11:43	12:48	13:53
Expert Female U30	8:50	10:07	10:42	11:47	12:52	13:57
Expert Female 30+	8:50	10:13	10:48	11:53	12:58	14:03
Expert Male U15	9:10	10:21	10:56	12:01	13:06	14:11
Expert Male 15-17	9:10	10:25	11:00	12:05	13:10	14:15
Expert Male 18-29	9:10	10:35	11:10	12:15	13:20	14:25
Expert Male 30-39	9:30	10:45	11:20	12:25	13:30	14:35
Expert Male 40-49	9:30	11:01	11:36	12:41	13:46	14:51
Expert Male 50+	9:30	11:09	11:44	12:49	13:54	14:59
Stage Closes	NA	11:15	11:50	12:55	14:00	15:05

Final schedule will be posted on race course

Weekend Schedule



Packet Pickup and Waiver

- All racers must pick up their packet per the provided schedule.
- Friday Packet pickup will be at 100 Monda Way, Blue Lake, CA 95525 (see race webpage for location link)
- Saturday Packet pickup will be at the Hatchery Ridge Trail Kiosk (see race webpage for location link)
- All racers must sign a waiver prior to practicing or racing. If the racer is under 18 years old, a parent or legal guardian must complete the waiver. Most racers completed the waiver during registration.

Practice

- Park on Taylor Way, near the campground (see Facilities Map/Race Webpage), and ride to Race Venue.
- Practice is permitted on Friday for non-RCMBA members. RCMBA members may practice any day per our normal agreement with Green Diamond (landowner).
- Practice shuttles will operate per the provided schedule.
- Each racer is permitted three (3) shuttles.

Race Day

- Park on Taylor Way, near the campground (see Facilities Map/Race Webpage), and ride to the Race Venue.
- Racer meetings will be conducted at the Trail Kiosk, per the provided schedule.
- Please be to the start lines on schedule.

Timing

- RCMBA's *Painters Tape Timing* will be providing the timing for the event.
- RFID tags are provided on your number plate and one to be placed on your fork. Place as shown at packet pickup.
- Following the race, please return your fork mounted RFID chip. A box will be located near the Trail Kiosk.

Protection

- Helmets must be worn on all descents.
- Full face helmets are not required **BUT ARE STRONGLY RECOMMENDED**.
- If wearing eye protection, clear lenses are recommended (dark in the trees).

Race Details, 1 of 3



Race Order

- Refer to the included Stage Start Times for race order and schedule.
- Start timers have been instructed to include “ghost” riders at specific points in the schedule to separate particular categories.
- Additional ghost riders will not be permitted.
- All racers will be released at 45 second intervals for all stages.
- If you will not be starting a stage, please let a race official know.

Racer Etiquette

- If you are catching a racer, **BE LOUD** so they know you are approaching.
- If you are being caught, you **MUST** allow the faster racer to pass. Pull off the trail as quickly and safely as possible.
- Course marshals will be located on all stages. If you are directed by a course marshal to stop, you must stop. If this occurs, you will be permitted to restart the stage. The course marshal will be provided details by race staff.
- Course marshals will blow a whistle as you pass. This is to let others downhill know that a racer is coming.
- If you come upon an injured racer, please check to ensure they are ok and let the next course marshal know that there is an injured racer. If the racer is unconscious, then please stay with the injured racer and tell the next racer to notify the next marshal.

Services

- Two EMTs will be stationed in the first aid tent mid-mountain (top of Woodstock).
- Two other EMTs will be stationed on a side-by-side for emergency response and should assistance be needed elsewhere on the mountain.
- Aid stations are located near the kiosk and mid-mountain (top of Woodstock). The stations will provide snacks and water. It is the racer’s responsibility to make sure you are self sufficient in the event the aid stations run out of food/water.
- It is the racer’s responsibility to be self sufficient but bike maintenance stations are located near the aid stations for minor mechanical issues.

Race Details, 2 of 3



Results

- Each racer, if they completed all stages, will be assigned a final result time that is the sum of each stage's time.
- Results will be provided in a timely fashion.
- When the preliminary-final results are announced, racers have 30 minutes to file any protests.
- After the protest period, results will be finalized and podiums held per the provided schedule.

Awards

- Trophies will be awarded to the top three places in each group/category.
- \$100 will be awarded to the fastest female and male time on the following stages:
 - Group A, Stage 2A
 - Group B, Stage 3B
- Pro Purse (\$1,800 total)

Place	Pro Male	Pro Female
1 st	\$500	\$500
2 nd	\$300	\$300
3 rd	\$100	\$100

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ID	Place/Description
1	Friday Packet Pickup
2	Practice and Race Day Parking on Taylor Way (Ride Bike to Race Venue)
3	Post Race Party (Perigot Park): Saturday 1:30PM - 9PM
4	Logger Bar: Fri/Sat 3PM - 12PM
5	Jewell Distillery Tasting Room: Friday 12-7, Saturday 12-6
6	Alice's Restaurant, Blue Lake Casino: Fri/Sat 7AM - 10PM
7	Mad River Brewery: Fri/Sat 12PM - 9PM
8	Dog House (Perigot Park): Saturday 12PM - 6PM
9	Blue Lake Pizza Co. (Perigot Park): Friday 5PM - 9PM
10	Mad River Grange Breakfast: Sunday 8AM - 11AM

Race Facilities, Blue Lake, CA



- - Foot Path
- Point of Interest (See Table)
- ▨ Campground
- ▭ Overnight Parking
- ▭ Post Race Party

